

Dr. Colton began her interest in orthopaedic surgery as a Division 1 basketball player at the University of New Hampshire. It was there that she met an orthopaedic surgeon who helped her teammate return to the game after a season-ending ACL rupture. In this she discovered the unique ability that a surgeon has in restoring athletes to full function. She served as team captain in her senior year and was named Scholar Athlete of the Year.

After medical school at Temple and Orthopaedic Surgery residency at Penn, she furthered her surgical skills at the elite Rush University Medical Center, where she worked with the Chicago White Sox and the Chicago Bulls, as well as served as a team physician for a professional women's softball team and a minor league ice hockey team. At Rush she advanced her arthroscopic skills in the shoulder, knee, hip, and elbow, and had a tremendous amount of experience with joint and articular cartilage restoration procedures such as osteochondral autografting and allografting, meniscal transplants, autologous chondrocyte transplantation (ACI), and microfracture.

Dr. Colton is the head team physician for the women's professional soccer team, the [Philadelphia Independence](#). In addition, together with her partners at Surgical Orthopedic Associates, Dr. Colton is the head team physician for Marple-Newtown High School, Garnet Valley High School, and Delaware Christian Academy.

Board certified by the American Board of Orthopedic Surgeons, Dr. Colton is a member of the American Orthopaedic Society for Sports Medicine, the Pennsylvania Medical Society, Pennsylvania Orthopaedic Society, and the Philadelphia Orthopaedic Society.

Her hospital affiliations include Delaware County Memorial Hospital, Springfield Hospital, Riddle Memorial Hospital, Roxborough Memorial Hospital, and the Surgery Center of Pennsylvania.