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Dr. Prawak is a physiatrist and a partner in the non-operative Sports and Spine Rehabilitation Division of Premier Orthopaedic and Sports Medicine Associates, Ltd based in Havertown, PA. She graduated from the State University of New York at Buffalo with honors and the University of Health Sciences College of Osteopathic Medicine in Kansas City. She completed an internship at the State University of New York at Buffalo, Sisters of Charity Hospital, and residency in Physical Medicine and Rehabilitation at Temple University Hospital in Philadelphia, P.A., where she also served as Chief Resident. She then completed a Spine and Sports Rehabilitation sub-specialization fellowship at the Buffalo Spine and Sports Medicine Institute. She was appointed Assistant Clinical Professor of Physical Medicine and Rehabilitation at the University of Pennsylvania School of Medicine, Medical Director of Physical Medicine and Rehabilitation Services at Phoenixville Hospital and later at Penn Medicine at Radnor. She is board certified in Physical Medicine and Rehabilitation and has co-written a chapter in an Interventional Spine textbook.